

October 2025

Rotary

NEWS PLUS





Members of RC Ramnad promoting cloth bags in a market area in the town.

An anti-plastic campaign in Ramnad

Team Rotary News

The members of RC Ramnad, RID 3212, visited the pavement shops and distributed cloth bags to the shopkeepers and the shoppers. They spoke to the public briefly on the environmental hazards of using plastic bags, or any other household plastic items.

The cloth bags were printed with the club name and the Rotary

Wheel, lifting Rotary's public image.

The club organised an environment crises awareness session in a local school, to educate the children about environmental pollution, climate change and global warming, and urged them to plant saplings and keep their surroundings clean.■

Lessons in hygiene for students



Rotarians teach handwash technique to students.

The Rotary Club of Malda Central, RID 3240, conducted a handwash, hygiene and sanitation programme for around 100 students at the Pirojpur Primary School in the city.

The Rotarians gave a demonstration of washing hands thoroughly to keep infections at bay, and distributed kits containing a toothbrush, hand sanitiser and a soap, to the students. Cans of disinfectant liquid were handed over to the school authorities to maintain hygiene in the toilets and handwash stations in the school.■

On the cover: Uniforms, school bags and stationery were distributed to students of a government higher primary school by RC Bangalore Lakeside, RID 3191, under a CSR project.

A govt hospital gets an upgrade

Team Rotary News



Project chair Kashinath Prabhu (L) and members of RC Bangalore Lakeside giving medical devices to the Government Hospital in Yelahanka.

The Rotary Club of Bangalore Lakeside, RID 3191, along with its CSR partner ITC Filtrona, provided an anaesthesia workstation with ventilator, and other medical devices to the Government Hospital, Yelahanka

in Bengaluru. The project cost was ₹15 lakh.

In another effort, the club, along with CSR partner Sacumen, gifted furniture and electrical fittings to the Government Higher Primary School in Bellandur near

Bengaluru. School uniforms, bags and stationery items were distributed to around 400 students. The total project cost was ₹6 lakh.

Kashinath Prabhu was the chair for both the projects.■

RYLA for Interactors

The Rotary Club of Tiruchirapalli Phoenix, RID 3000, hosted the district Interact RYLA at Kodaikanal. Interactive workshops on leadership and teamwork, adventure activities and cultural exchanges were conducted over three days for Interact participants from across the district.■

Interactors participating in the RYLA at Kodaikanal.



Breastfeeding week at Pachora-Bhadgaon

Team Rotary News

RC Pachora-Bhadgaon, RID 3030, observed World Breastfeeding Week at the Rotary Hospital, Pachora, with awareness sessions led by club president Dr Mukesh Teli, secretary Dr Ajaysingh Pardeshi, and other senior doctors.

The sessions highlighted the importance of initiating breastfeeding within the first

hour, exclusive breastfeeding for six months, and continuing up to two years. Mothers were guided on nutrition using locally available foods, proper latching techniques, and hygiene practices.

Common myths —such as discarding colostrum or preferring formula — were addressed, while family members were encouraged to support mothers. “The initiative helped spread practical,



Below: Club members and mothers with their newborns.





Above: The tree planting drive at Mukbadhir School, Pimpalgaon Hare, Pachora.

Below: Interactors display the *rakhis* to be sent to the armed forces.



culturally sensitive knowledge among rural women,” says Teli.

As part of its environmental drive, the club planted 500 trees at Mukbadhir School, Pimpalgaon Hare, Pachora. Club members, along with students and teachers, participated

with enthusiasm, turning the event into a learning exercise. Children were encouraged to take responsibility for nurturing the saplings, while awareness talks explained how trees improve air quality, prevent soil erosion, and combat climate

change. By planting native and fruit-bearing trees, the club linked the activity to long-term sustainability.

On Raksha Bandhan, the club and its Interact clubs from three schools sent *rakhis* to the Indian armed forces. ■

Painting contest for students

Team Rotary News



Centre row, from fifth from L: DG Manoj Tripathy, PDGs Aswini Kar, Pravudutta Subudhi and Jayashree Mohanty with club members and participants.

Rangatuli is an annual flagship event of the Rotary Club of Bhubaneswar Meadows, RID 3262, where the club organises painting competition for schoolchildren.

This year, the contest attracted 500 students from across 101 schools in the city. Children from Class 4–10 participated in the event which had ‘India of my dreams’ and ‘World without war’ as topics.

Santosh Senapati was the project chair.

Odisha Legislative Assembly speaker Surama Padhy, was the chief guest. DG Manoj Tripathy, PDGs Pravudatta Subudhi and Jayashree Mohanty visited the event site and encouraged the participants. The club had roped in several sponsors for the event.

In an earlier effort, the club

organised a menstrual hygiene awareness programme for women and adolescent girls in a neighbouring slum. Sanitary napkins were distributed.

Club member Seshukumar Cherukuri celebrated his wife Pratyusha’s birthday by serving dinner to 100 children residing at the Banabasi Seba Ashram. IPDG Yagyansis Mohapatra and other Rotarians were also present.■

Cattle for farmers

The Rotary Club of Tirupattur, RID 3231, gifted a cow each to 22 farmers in a village near the town to help them enhance their livelihood.

The club has been distributing packets of freshly prepared food to impoverished people in various localities on special occasions such as members’ birthdays and festivals. A minimum 200 people, including the aged, schoolchildren and pregnant women, benefit from this project on every occasion.

The Rotarians planted around 100 saplings in different localities as part of their environment care mission.■



RC Tirupattur president P M Paneer Selvam (3rd from R) and club members with a farmer family after gifting them a cow.

Addressing domestic abuse of children

Team Rotary News



Resource persons engage students in an interactive session.

After deliberations at the club meetings, RC Pune Metro, RID 3131, has initiated a novel *Project Samvedana* to address the domestic abuse of children in partnership with the Baya Karve Women's Study Centre.

In the first round, the project would raise awareness among adolescents and youth about domestic violence to encourage a zero-tolerance attitude towards it. "During the first phase, six

extensive and interactive sessions will be held for students in which issues related to gender sensitivity, equality, empathy, emotional intelligence, and recognising early signs of domestic violence and taking action through a structured guidance will be discussed," said Vivek Kulkarni, public image director of the club.

All the sessions will be interactive, use case studies, storytelling and simulations which will help students to absorb and apply the

learnings, he said. Currently, the programme is being run at four school in Pune as a pilot study, along with a special session for teachers to recognise "early signs of domestic violence among students."

Co-education schools are selected for the group sessions, and the first one was held at the Prerana School, Pune, in July. "We will be sharing our project experience with other clubs and NGOs as this can replicated elsewhere," added Kulkarni. ■



A student workshop under *Project Samvedana*.

Ayurveda therapy camp in Amalner

V Muthukumaran

Over 350 patients were treated for chronic illness and received a holistic care for a healthy living at an Ayurveda therapy camp organised by RC Amalner, RID 3030, at the Bansilal Palace, Amalner.

Thanks to a wide publicity through print and social media, more than 400 patients had registered for the camp. Pravin Joshi, chairman, Dhanvantari Ayurvedic Education Society, Dhule, supported the health check-up camp in which 37 doctors (Ayurveda) examined the patients from all walks

of life. “Patients were sent to respective doctors after hearing their health problems for specific treatment and guidance under the *Panchakarma* system of Ayurveda,” said Abhijeet Subhash Bhandarkar, past president of the club. The registration forms were distributed to medical stores and select outlets for wide circulation among the public, and the filled in forms were sent back to the club and the doctors

Around 40 Ayurveda doctors and support staff with the guidance of Dhanvantari Society followed the *Panchakarma* method for detoxification and rejuvenation of the body and

mind. “They followed five holistic cleansing procedures to restore balance in the body energies — three main elements or *doshas* (*vata*, *pitta* and *kapha*) that govern the human body. This Ayurveda procedure eliminated the toxins (*ama*) that accumulated from lifestyle, diet and stress.

After the treatment, the feedback of patients was recorded and “most of them wanted to go for this type of alternative healthcare on a regular basis,” said Bhandarkar. Club president Devendra Kothari and his team coordinated for the success of the Ayurveda therapy camp.



RC Amalner members at the registration desk of Ayurveda therapy camp.

Flood relief

Following a sudden cloud burst in Patonda village, 16km from Amalner, in Jalgaon district, a small river overflowed and inundated more than 100 houses, giving people no time to save their belongings. "Patonda village was never flooded like this before. More than 800 villagers were affected by the flash floods, and no immediate support was extended by either the government machinery or any other NGOs," said Bhandarkar. Local people came to the rescue of the flood victims who were shifted to a school on the same day, and given dinner.

Once the club members heard of the plight of Patonda villagers, "we requested all the Rotarians to provide support to suffering families, hit by sudden floods." Rotarians provided groceries, atta (wheat flour), cooking oil, dal, rice, masala powder, blankets and other essentials to the families who were accommodated in the local school.



A woman being examined at the healthcare camp.



Rotarians distribute essentials to flood-affected families in Patonda village near Amalner.

Within a short time, club members got around ₹50,000 in cash, and also collected new and sparingly-used clothes which were distributed to the affected families. Club president Kothari and senior members went around to collect money and daily essentials, and formed teams to pack the collected items in bags.

Large bundles of blankets were collected for distribution. Fifteen Rotarians and seven Rotaractors worked in unison to provide flood relief material to the families who were displaced after the cloud burst tragedy in Patonda, a small hamlet near Amalner. ■



RC Srivilliputtur Town members present inner garments to expectant mothers at the Government Hospital.

Impactful projects at RID 3212

Team Rotary News

As part of Breastfeeding Week events (Aug 1–7), members of RC Srivilliputtur Town, RID 3212, came together to donate inner garments and self-testing kits for detecting hepatitis for expectant and lactating mothers at the Government Hospital.

In diverse initiatives, the district clubs have reached out to their communities by taking up projects across the focus areas of Rotary. Around 400 school and college students took out a rally conducted by RC Sivakasi Town with the aim to prevent drug abuse among the youth, and create awareness on the harmful effects of addiction in the society.

Cloth bags were distributed to the public by members of RC Kuzhithurai to mark World Plastic Free Day (July 3). RC Tirunelveli Suburb hosted a self-development session titled *Unnai Arindhaal* (know thyself) for government school students to motivate them to succeed in their life goals. This club also hold a similar motivational session for students titled *Mudhal Mariyaadhai* (first respect) that offers valuable tips for students to climb up in their chosen profession.

Zumba dance and cricket tournament were held for Rotarians by RC Ramnad to celebrate Friendship Day (Aug 2). ■





Anti-drugs abuse rally
conducted by RC
Sivakasi Town.



Members of
RC Kuzhithurai
distribute cloth
bags to the public.

club matters



RC Pondicherry Marina



RC Samana City



RC Salem Gugai



RC Barsi

RC Pondicherry Marina — RID 2981

National Sports Day was celebrated with a cycle rally at the Indira Gandhi Sports Complex. UT education minister Namasivayam flagged off the rally by students. T-shirts and snacks were given to 200 rallyists.



RC Rajamundry
River City

RC Samana City — RID 3090

Led by club president Malika Bansal, Rotarians created a small garden of tulsi plants at the SRS Vidyapeeth. Fruit-bearing and shade-giving trees were also planted on the campus. School vice-chairperson Samidha Singh thanked the club.

RC Salem Gugai — RID 2982

Around 45 units of blood was collected at a blood donation camp organised at the Rotary Mahal in partnership with the Maruthi Blood Bank and other NGOs. The collected blood would support patients suffering from thalassaemia and haemophilia.

RC Rajamundry River City — RID 3020

A CPR training was given to 85 students and 15 teachers at the Trips International School in a tie-up with NGOs. Dr Nagendra Kishore, a Rotarian, gave a talk on the psychological issues.

RC Barsi — RID 3132

The cycle bank, an ongoing project of the club, has donated bicycles to 200 girls who had to trek a long distance to and from school. Now they pedal their way to school, thus having more time to focus on studies at home. The project boosted the public image of Rotary.



RC Gudur West



RC Kollam Royal City



RC Belgaum Midtown



RC Sambalpur City

RC Gudur West – RID 3160

An awareness event on the ozone layer was held at the Zilla Parishad Boys High School, Tirupathi. Rotarians led by club president Vijaya Bhasker Reddy and secretary Raghava Reddy planted 50 saplings on the school campus.



RC Kanakapura Milk City

RC Kollam Royal City – RID 3211

Film producer Dinesh Panicker gave tailoring machines to two women, Sabeeyath and Sulaja, for them to earn a regular income. PDG R Reghunath, past AGs Santhosh Kumar B, Prabhakaran Nair and Jayaprakash P K, and club president N Viprasenan were present.

RC Sambalpur City — RID 3261

A meg competition titled 'Step-up Sambalpur' was held for classical and folk dancers that saw 240 participants from across the country. More than 1,500 people gathered at the event and cash prizes to the tune of ₹1 lakh were given to the best performers.

RC Belgaum Midtown — RID 3170

On the eve of its golden jubilee year, the club conducted an HPV vaccination camp at a government school in Khadarwadi village. During the camp, 32 girls, age 9–14 years, were vaccinated against cancer and other HPV-related diseases.

RC Kanakapura Milk City — RID 3191

The club sponsored the jerseys of Indian shuttlers who took part in the FKK International Cup in Bangkok (July 10–14). All the jerseys featured Rotary logo and the club's name which were prominently displayed on the front.

Compiled by V Muthukumar

Healthy food for patients

Team Rotary News



Club members serve food at the government hospital.

For the sixth consecutive year, the Rotary Club of Hiriya, RID 3160, is providing nutritious meals, along with safe drinking water in a bottle, to patients and their caregivers at the government hospital for six days in a week.

The project is supported by the Indian Red Cross Society and the major donors of the club. Outpatients

are also included in the project. Each time around 500 people benefit from this programme, said club secretary Vikas Jain.

This year, the programme was launched by Chitradurga MP Govind Karjol. The taluk health officer and the hospital staff complimented the Rotarians for their kindness.■

An Ironman inspires Interactors



Guru Prasad Bhat, an oncologist and Ironman, addressing Interactors.

The Rotary Club of Mangalore North, RID 3181, organised a special programme for the Interactors of St Lawrence English Medium School, Mangaluru, with Guru Prasad Bhat, an oncologist.

Bhat is an Ironman, having completed a series of long-distance triathlon race comprising a 3.9km swim, 180.2km bicycle ride and a 42.2km run, completed in that order in 17 hours. He is also a mountaineer having summited three peaks in three continents. He is an ocean swimmer, and has swum the Palk Straits, the English Channel and the Pacific and the Atlantic Ocean.

He inspired the young students with his talk on physical fitness, eating healthy and discipline.

The children were impressed with his presentation and the school principal has requested the club to organise such impactful programmes for them to emulate, said club member S Raghavan.■

Saplings distributed at Kushinagar

Team Rotary News

With the aim to increase greenery, RC Kushinagar, RID 3120, set up a green kiosk at the Gandhi Chowk police outpost in Kasia to distribute over 400 fruit-bearing trees of various species to the public.

The sapling distribution was held in partnership with the District Horticulture Department. “We gave away saplings of guava, moringa (drumstick), jamun, bael, neem, croton, mahogany, maulsari (Spanish cherry) and amla (Indian gooseberry) as our club wants to inspire more people to take up planting activity and raise awareness on environmental protection,” said club president Ajay Singh.

In his address, club patron and Kushinagar Municipality chairman’s



RC Kushinagar members, along with children, at the plantation stall.

representative Rakesh Jaiswal said these types of Rotary events would give a thrust to greening mission across the city. Club’s co-patron Wahid Ali,

secretary Vijay Gupta, treasurer Dinesh Yadav and vice-president Durgaesh Chaturvedi were also present at the inauguration of the stall.■

Hepatitis walkathon in Panvel



AG Dr Swati Likhite (right), along with a girl and her mother, at the cervical vaccination camp at the Likhite Hospital, Panvel.

An awareness walkathon was conducted on World Hepatitis Day (July 28) by RC Panvel Elite, RID 3131, in partnership with their Rotaractors and the Human Biological Institute.

Indian Academy of Paediatrics (state chapter) president Dr Chitra Kulkarni gave a talk on how to prevent waterborne diseases, followed by Dr Shilpa

Gandhi delivering a lecture on hepatitis with a presentation on its causes and how to take care of the liver. “Around 120 participants walked 3km to sensitise the public on hepatitis. AG Swati Likhite gave a talk on ORS (oral rehydrating solution), its importance, and the method of preparing it at home,” said Pankaj Soni, club secretary.

Swati also dwelt on the symptoms of dehydration and how ORS helps in reducing diarrhoea and vomiting. Club president Mahendra Surana and other members were present at the awareness session. All the walkathon participants were given medals and certificates.

To mark Doctors’ Day, a two-in-one project was held at the Likhite Hospital, Panvel. Both cervical cancer and hepatitis vaccination camps saw hundreds of people getting benefitted as “the main aim was to promote healthcare and raise awareness about the diseases that are preventable with timely vaccination. These two diseases are not included in the GoI’s mandatory immunisation schedule for the children,” said Soni.■

Vellore club donates fruit stall

Team Rotary News

A fruit stall was donated to street vendor by RC Vellore North, RID 3231, in a joint endeavour with the Maria Housing Ltd for the beneficiary to earn a regular income.

In another initiative, the club installed a sanitary napkin incinerator at the PUM School, Thondanthulasi, in the presence of District WinS chairperson Inego Lancy at the Gandhi Nagar Ladies Club, Katpadi. The project cost ₹65,000 and club present Ravichandran and other members were present at the installation event at the ladies' club. ■



RC Vellore North president Ravichandran (3rd from left) and RID 3231-WinS chair Inego Lancy at the handover of fruit stall to a vendor.

Master check-up camp in Coimbatore



Health check-up camp in progress.

A master health check-up camp was organised by RC Coimbatore South, RID 3206, in partnership with the Avinashilingam Institute for Home Science and Higher Education for Women to mark the 79th Independence Day.

The healthcare camp screened over 300 people, and around 100 students and Rotaractors. Club member Conway Ravi sponsored a hot water dispenser to a primary health centre, Kuniamuthur, as this PHC serves large numbers of expectant mothers with daily deliveries.

This dispenser will provide clean, purified hot water for the well-being of lactating mothers and their newborns. ■