

Rotary

NEWS PLUS



CPR sessions benefit 6,000 people

Team Rotary News

With the aim to provide emergency aid to those hit by cardiac arrest, Rotary E-Club of Belgaum, RID 3170, has conducted around 75 CPR sessions reaching out to 6,000 participants who were given a demo of cardiopulmonary resuscitation. The club focused on schools, colleges, social organisations and companies to train people in the CPR process.

The three-member team of Dr P K Phadnis, Anant Nadgouda and Dr Sonali Pawale, all Rotarians, gave the hands-on demo to the beneficiaries. "Though, presently we focus on COLS (Compression Only

Life Support), we also demonstrate mouth-to-mouth breathing on a manikin," said Dr Phadnis. Thanks to the CPR project, 25 institutions have procured the manikins to include this emergency aid as a co-curricular activity for students. "We felt happy when a school student and a Rotarian saved the life of their relatives using the CPR technique," said Phadnis.

The club is keen to spread the CPR awareness as it would create a set of good Samaritans who can readily provide emergency help to victims of cardiac arrest before they are admitted to hospital. ■



A CPR session in progress.



Plantation drive in Bhubaneswar

Odisha MLAs took part in the plantation drive taken up by RC Bhubaneswar Meadows, RID 3262, at two different locations. Club vice-president Priyabrata Mohanty and member Bichitra Lenka coordinated the sapling plantations at Tulasipur village in Banki taluk and Begunia town in Khordha taluk.

While Banki MLA Debi Ranjan Tripathy took part in the event in his area, Begunia MLA Pradip Kumar Sahoo was present at the sapling plantation in his constituency at Khordha taluk. Club members took active part in the greening mission at both the venues in which over 200 saplings were planted by the Rotarians. ■

A plantation drive by RC Bhubaneswar Meadows.

On the cover: A young student excited to receive notebooks and stationery kit, a part of a literacy promotion project of RC Umbergaon. RID 3060.



A Rotary Annet serves food to a couple.



A child receiving a stationery kit at the Bhojka village school.

Service projects in Wadhwan

Team Rotary News

RC Wadhwan Metro, RID 3060, recently carried out multiple service initiatives. As part of the Annapurna project, the club provided food and buttermilk to 250 people. The project cost ₹3,500, with three Rotarians serving the food.

The club organised a blood donation and group detection camp under the Disease Prevention and Treatment focus area. The camp resulted in the collection of 47 units of blood and the detection

of blood groups for 164 individuals. The project cost was ₹20,000.

In collaboration with RCC Bhojka, the club distributed school bags, uniforms, and stationery kits to 210 students at Bhojka village school. They also provided lunch to the students and participated in a tree plantation drive at the school. This project, aimed at promoting basic education and literacy, was done at a cost of ₹50,000. ■



Medical staff along with club members at the blood donation drive.

Boosting literacy with stationery kits

Team Rotary News



Young Arpit with his newly-fitted braces at the Rotary Physiotherapy Centre.





Above: Club members with saplings ready for planting.



Left: Notebooks and stationery being distributed to students.

RC Umbergaon, RID 3060, along with its Interact club, distributed 1,000 notebooks and stationery kits to 485 students in two schools in Vanganpada and Singalpada Vevji villages. The club members addressed the students about the significance of continuing their school life for a bright future. Chintan Shah was the project chair.

In another initiative, the club organised a blood group identification camp for students at the Central School, Solsumba. The children were educated on anaemia and the importance of consuming nutritious diet.

Around 200 saplings were planted by the club members with the involvement of the public in various places across the city under the club's project — *Green Earth, Green Future*. Vinod Dedhiya was the project chair.

The club sponsored braces worth ₹12,000 to Arpit, a physically-challenged young boy who visits the Rotary Physiotherapy Centre regularly. Arpit's parents were happy to see their son being able to walk with the help of the mobility aid. ■

School bags for children

Team Rotary News

Under *Project Basta* (school bag) RC Chandigarh Mid Town, RID 3080, is aiming to distribute 2,000 school bags to schoolchildren in and around this union territory.

“By providing school bags, *Project Basta* addresses the needs of students, enabling them to carry their books and supplies with dignity and pride,” said club president Nitin Kapur. The distribution of 200 school bags in the first phase at a government primary school in Singhpura village in Mohali district brought an instant smile on the beneficiaries. Educational projects reflect “the collective passion of our members towards empowering the communities through knowledge,” he said.

In addition to school bags, the club also provides books, notebooks and stationery items to students under the project. These additional supplies are crucial in ensuring that the children not only have the means to carry their belongings but also have the necessary aids for classroom education, said Anup Sharma, director, Club Service. Also, the inclusion of books and





Above: Students with school bags along with members of RC Chandigarh Mid Town.



notebooks support their academics, “enabling them to fully engage in their studies instead of worrying about the cost or availability of such educational resources.”

The impact of *Project Basta* extends beyond just the distribution of bags as it fostered a sense of community and solidarity among club members, volunteers and recipients. “The project is one more example of our commitment to social responsibility and sustainable development, ensuring that every child has the chance to learn and thrive,” said Sharma.

The club is partnering with local schools and NGOs to roll out the project in a phased manner across Chandigarh and neighbouring districts. “By focusing on education, we aim to build a bright future where every child has the opportunity to fulfil their potential and contribute positively to society,” said Sharma. ■

club matters

RC Cuddalore Coastal City



RC Visakhapatnam



RC Thanjavur Emperors



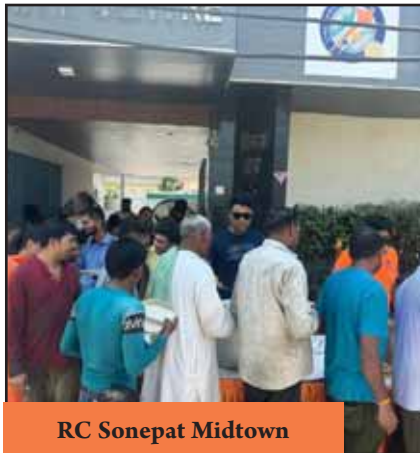
RC Vizag Elite

RC Cuddalore Coastal City — D 2981

As part of *Mupperum Vizha* (triple festival), the club hosted a job fair, adopted a village and held an anti-drug awareness campaign reaching out to hundreds of beneficiaries. An awareness event on breastfeeding was held at C Kandaswamy Naidu College for Women, Cuddalore.

RC Thanjavur Emperors — D 2981

DGN K Vaidyanathan distributed educational assistance to children studying in government schools during the club installation. The financial help will help students to focus on education instead of being worried about their economic conditions.



RC Sonepat Midtown

RC Sonepat Midtown — D 3012

Under *Project Sharing and Caring*, Rotarians distributed food packets to the deprived, homeless families. A health check-up camp was arranged for the public at the Rotary Community Centre.

RC Visakhapatnam — D 3020

It was a fun-filled evening with the cancer affected children at the St Jude India Centre where Rotarians engaged the little ones in games, gifted them toys and handed over monthly groceries to the centre in-charge. Children performed a dance show.

RC Vizag Elite — D 3020

New lunch plates, tumblers and curry bowls were distributed to inmates at the Auto Bheem Nagar, an orphanage-cum-night shelter, in the presence of PDG Ravi Vadlamani and his wife Rajyalakshmi. A sumptuous lunch was also served to all the children.



RC Sunam



RC Izatnagar Bareilly



RC Muzaffarnagar Sakhi



RC Kanpur Aryans

RC Sunam — D 3090

Tree plantation was held on the premises of Civil Courts, Sunam. Sub-divisional magistrate Parmod Singla inaugurated the plantation drive led by project chairman Shiv Jindal. Club president Deviderpal Singh led a team of over 60 Rotarians to provide green fodder, jaggery to a gaushala.



RC Bareilly Metro

RC Izatnagar Bareilly — D 3110

Around 50 units of blood was collected at a blood donation camp held at Mukteshwar, Uttarakhand, with the support of RC Haldwani. DG Nirav Nimesh Agrawal and Indian Veterinary Research Institute, Mukteshwar, director Dr YPS Malik were present.

RC Muzaffarnagar Sakhi — D 3100

DG Deepa Khanna presented mementos to students who scored 85 per cent and above at the CBSE and UP Board exams last year in a talent award ceremony. Uttar Pradesh minister Kapil Dev Aggarwal as chief guest lauded the work of Rotary in multiple domains.

RC Bareilly Metro — D 3110

A general medical camp is being held every month since 2002 in which people, especially the aged and infirm, are screened for chronic diseases. Health parameters like BP, blood sugar and BMI are also tested. Medicines are distributed.

RC Kanpur Aryans — D 3110

Club president BN Acharya, a homeopathy physician, gave a talk on dengue and its prevention at an awareness event at the Omkareshwar Saraswati Vidya Mandir Inter College. Around 500 students attended the session which also saw the presence of college MD Pooja Awasthi and principal Ram Milan Singh.



RC Bhor Rajgad



RC Navi Mumbai Garima



RC Solapur



RC Karwar Seaside

RC Bhor Rajgad — D 3131

A medical check-up camp was held for around 150 pilgrims (Warkaris) to the Raireswar Temple in Bhor taluk near Pune which attracts thousands of devotees. A tetanus vaccination and medical kit were given to all the pilgrims who were also served a delicious food.



RC Bombay Kandivli

RC Navi Mumbai Garima — D 3142

A two-day workshop trained volunteers in mental health counselling with the support of Chetana Foundation. Rtn Kavita Nair Bhatia anchored the sessions that dealt with arts, games, drama, dance and music. She was supported by Dr Onkar Mahte. H B B Ed College was the co-partner in the workshop.

RC Solapur — D 3132

Thirty-five Rotarians gave blood at a blood donation camp led by project chair Dr Pratyush Kabra. The collected blood will help patients in critical care at different hospitals in Solapur, thus serving the needy in society.

RC Bombay Kandivli — D 3141

Over 20 Kargil war heroes were felicitated by DG Chetan Desai at the 25th anniversary of Kargil Vijay Diwas at the Amar Jawan Memorial. The war veterans who came from Nashik, Surat, Thane and other parts of Maharashtra recounted their action in Kargil war. The event was co-hosted by nine other clubs.

RC Karwar Seaside — D 3170

A haemoglobin test and awareness camp was held at the Government Arts and Science College, Karwar, with the support of Blood Bank, KRIMS and Red Cross Youth Wing. The camp educated the students on consuming a nutritious food to prevent anaemia. AG Raghavendra Prabhua distribution rosemary plants to members.



RC Kolhapur Mid Town



RC Patna City Samrat



RC Gudiyatham



RC Damoh Greater

RC Kolhapur Mid Town — D 3170

Over 500 pictures were displayed at the three-day photography exhibition and competition. Kolhapur MP Dhananjay Mahadik distributed prizes to the winners. The exhibition titled 'Nature and heritage of Kolhapur' was held to celebrate World Photography Day at Shahu Smarak Bhavan.



RC Coimbatore East

RC Patna City Samrat — D 3250

Around 230 students from all over Bihar took part in the inter-school state-level chess tournament held jointly with the Interact Club of Jesus and Mary Academy. Project chairs Abhishek Patrick and Pooja Sharma coordinated the chess meet. All the winners were awarded by the club.

RC Damoh Greater — D 3261

Around 400 students were examined at a health check-up camp held at the Government High School, Lakshman Kuti. School bags, tables, desk-benches and ceiling fans were donated to the school; and new paver blocks were also laid on the school campus.

RC Coimbatore East — D 3201

Sports and cultural events were held at the Panchayat Primary School, K Vadamadurai, to mark the 78th Independence Day. Medals were given to 30 student winners of various competitions. A tree plantation drive was held on the school campus to mark the occasion.

RC Gudiyatham — D 3231

A green board was donated to the Government Higher Secondary School near Gudiyatham Railway Station. PDG JKN Palani and club president C Kannan addressed the students. Club members were present at the venue. The project lifted the public image of Rotary.

Compiled by V Muthukumar



A sapling being planted and protected with a tree guard.



Cuddalore Rotarians on a service spree

Team Rotary News



RC Cuddalore president K Sugumar, along with club members, serving food to differently-abled children at the Oasis Special School in the town.

Rotary Club of Cuddalore, RID 2981, has been serving the community with various service projects. The Rotarians identify orphanages and old age homes and celebrate their special occasions such as birthday and wedding anniversary by serving sumptuous meals to the inmates. The club also donates grocery bags and toiletries to the service homes to provide for the inmates.

The club has been planting saplings of native trees across the Cuddalore town in a bid

to protect the environment. Awareness sessions on conserving water and sanitation are also conducted in the neighbourhoods to sensitise the public. Drug de-addiction and cyber safety workshops are being conducted for youngsters studying in schools and colleges in the town. Pamphlets detailing the two social issues are distributed to them during each workshop.

The club sensitised lactating mothers with various programmes on the importance of feeding mother's milk to their infants during the Breastfeeding Week (Aug 1-7). ■

Club president Sugumar felicitating a new mother and her child at a lactation workshop during the Breastfeeding Week.



Raincoats for milk vendors

Team Rotary News

RC Delhi Mayur Vihar, RID 3012, gifted raincoats to milk vendors in Noida to help them deliver milk to homes despite heavy rain. On Independence Day, the club organised a blood donation camp and distributed free helmets to road users. Stationery kits were gifted to schoolchildren to inspire them to pursue education. ■



From top: Club President Awdhesh Kumar handing over a raincoat to a milk vendor; Club members with children after giving them stationery kits.

Miyawaki forest at IIM Sambalpur

RC Sambalpur, RID 3261, organised its second plantation project at the IIM campus through Miyawaki method. This Japanese technique, pioneered in

the 1970s by botanist Akira Miyawaki, is known for its effectiveness in creating urban forests. The project aimed at promoting green spaces in urban areas. ■





Members of the club at the inauguration of a breastfeeding room at a government bus stand in Maunath Bhanjan.

Breastfeeding room installed

Team Rotary News

RC Pride Mau, RID 3120, had set up a breastfeeding room at the government bus stand in Maunath Bhanjan. This initiative addresses the challenge faced by mothers needing a private and safe space to feed their newborns while in public spaces. The project was inaugurated by District Governor Paritosh Bajaj.

The club also distributed 60 umbrellas to traffic police constables stationed at various road junctions across the city. The initiative aims to protect police personnel from the sun and rain while they manage traffic at the busy areas. ■



Rotarians, along with police personnel, after the umbrella distribution.

A rally to promote reading habit

Team Rotary News

A mega awareness rally on the Book Festival (July 27– Aug 5) was jointly hosted by RC Gandharvakottai, RID 3000, with the support of Pudukkottai district administration, Tamil Nadu Science

Forum and RC Gandharvakottai Bharath. The student rally began from the Gandhi statue and ended at the Panchayat Union Middle School with the participants displaying cutouts and placards with messages that created awareness among the locals.

Also, the students raised slogans while marching past the thoroughfare to spread the message of the seventh edition of the book fair.

Apart from the awareness campaign, the district officials, along with Rotary, has taken



Students take out a rally to create awareness on the Book Festival.

steps like flagging off a mobile library (bus with bookshelves), pamphlet distribution, posters and cultural shows by students to attract people to the Book Festival that was held at the Mamannar College campus.

The district officials have reached out to people in surrounding villages through multiple campaigns to make them visit the Book Festival. Club president Venkatesh Kumar and secretary Ravichandran, along with Rotarians, took part in the rally, and urged the students to visit the book fair to gain knowledge.

In partnership with the TN Science Forum and district administration, an art-cum-literary festival was held at the Regional Development Office, Gandarvakottai, in run up to the Book Festival. Student winners were given prizes sponsored by the Rotary club. Notebooks and stationery items were distributed to students of Panchayat Union Primary School on Education Development Day to mark the birth anniversary of former Tamil Nadu chief minister K Kamaraj.

Under *Project Aasai Magal*, a maternity and girl child project,



Above: RC Gandarvakottai president Venkatesh Kumar distributes notebooks and stationery to students.

Below: An eye camp in progress.

nutritious food, dates and fruits were distributed to pregnant women at the Government Hospital, Varappur, in Pudukkottai. Fire and rescue department personnel Arivazhagan was honoured with a memento and shawl for saving the life of 40-year-old Radha who fell down at the fire-walk ritual during the festival at the Draupadi Amman temple at Pichanathur village. The club also presented shawls to other fire personnel who were deployed at the temple festival.

Hundreds of elderly people were examined at an eye check-up camp organised with the support of Vasan Eye Hospital and Pensioners' Welfare Association. A similar eye camp was held with the support of Vision Opticals and Dr Aggarwal Eye Hospital. Spectacles were distributed to those needed, and patients in need of cataract surgery were identified for further assistance. Rotarians planted around 300 saplings at Akkachipatti village with the aim to preserve the ecosystem. ■



Caring for infants

Team Rotary News

The Rotarians of RC Pudukkottai City, RID 3000, observed Breastfeeding Week (Aug 1–7) by gifting new mothers at the government hospital in Pudukkottai with infant-care kits. Each kit included two sets of babywear in soft cotton and delicate toiletries.

The nurses in the neonatal ward of the hospital were also honoured for their commitment in educating young mothers about the importance of feeding breastmilk to the newborn. ■



A new mother being felicitated as part of the club's Breastfeeding Week celebration.

School infrastructure enhanced in Ernakulam



Computer accessories being given to the school administration.

The Rotary Club of Cochin Beach Side, RID 3201, equipped the government high school in Ernakulam district with new computers and an inverter at the computer lab set up by the club few years ago. The club refurbished the old computers and accessories that they had earlier donated.

In another initiative, the club donated provision kits to the elderly members of Pakalveedu, the club's flagship project supported by its RCC at Panangad village near Kochi. The project has helped improve the lifestyle of 120 less privileged senior citizens in the village. "We provide them medical checkup and treatment, educational support for children and

entertainment for them," says club president Karthick. The grocery kits were distributed in memory of club member Rajagopal on his fifth death anniversary. Lunch was served for the people on the occasion.

Groceries were also provided to Mariyalayam, a palliative care centre in Panangad. The Rotarians served breakfast to the inmates. ■



School students performing a skit at the Interact District Training Assembly titled *Sanskar*.

An Interact District Training Assembly

Team Rotary News

RC Mumbai Juhu, RID 3141, organised the 14th Interact District Training Assembly, titled *Sanskar* (making perfect). The event focused on educating Interactors about Rotary, leadership, and sustainable project development.

The event was organised and led by the Interactors and DG Chetan Desai was the chief guest.

Key highlights of the assembly included participation from 34 schools with over 150 students attending. Two outbound Rotary Youth Exchange (RYE) students were also present. The sessions were moderated by 45 guides, and more than 35 Rotarians from the district and the club attended the event.

All participating students were awarded certificates for their involvement in the programme. ■



DG Chetan Desai and members of RC Mumbai Juhu with the Interactors.