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Rotary

NEWS PLUS



Playtime for schoolchildren

Team Rotary News

RC Tuticorin Trailblazers, RID 3212, provided indoor and outdoor games material to the SAV School, Thoothukudi. Club president T Malarvizhi advised the students to participate in games and take up outdoor sports during summer holidays, instead of being stuck with their mobile phones.

In another initiative, she handed over a cheque for providing learning materials and stationery for students at the Thoothukudi Extension Middle School. ■



Members of RC Tuticorin Trailblazers with students after providing sports material to the school.

Home for the homeless

RC Alleppey East, RID 3211, handed over a house constructed at a cost of ₹7 lakh under a global grant project to an underprivileged family.

The club distributed spectacles for schoolchildren who had eyesight disorders, and distributed t-shirts to the basketball team of the St Joseph's School in Alappuzha. ■



RC Alleppey East members with a couple after handing over the house to them.

On the Cover: RC Sonepat Ardent, RID 3012, set up an Ayurvedic herbal park, in partnership with the Interact Club of Ontogeny School of Excellence, on the school premises.

A marathon in Ooty

Team Rotary News

In a display of athleticism and appreciation for nature, RC Ootacamund, RID 3203, in collaboration with Kay's Fit Academy, Ooty, and the Tamil Nadu Tourism Department, organised the *Ooty Ultramalaivasi Ultra Marathon* in April. The event was flagged off at the scenic Ooty Boat House that witnessed a turnout of 1,100 participants from 20 states, who took

part in the four categories of 15km, 30km, 60km, and 90km.

Tamil Nadu health minister M Subramanian participated in the 30-kilometre category while S P Amrith, the Nilgiris' district collector, and K Prabhakar, the Nilgiris superintendent of police, flagged off the various race categories.

The runners coursed through the breathtaking

landscapes of Ooty. Nestled amidst the picturesque Nilgiri hills, "the track offered a unique opportunity for participants to immerse themselves in the natural beauty of the region while pushing their physical limits. The marathon not only served as a platform for runners to test their endurance but also acted as a catalyst for positive public image," says Kamlesh Kataria, the club president. ■

Nilgiris superintendent of police K Prabhakar flagging off the *Ooty Ultramalaivasi Ultra Marathon* at the Ooty Boat House.



A mega food distribution drive in Sonipat

V Muthukumaran

Project *Aahar* (food) is a monthly event of RC Sonapat Ardent, RID 3012, where a *rasoi* (kitchen) at one of the popular restaurants or eateries serves food to underprivileged families, homeless people and passersby on the streets. A *langar* (community kitchen) set up at the Café Crave outlet served cooked rice and kadi pakora with Rotarians led by club president Ashu Nagpal distributing the food to auto rickshaw drivers, commuters and other needy people. “The delicious food was sponsored by project chair Satinder Rathi and it was served to over 700 people,” said Nagpal.

Haryana Seed Development Corporation chairman Sumeet Rana joined the Rotarians to serve food to

the poor and marginalised people. “Labourers and unskilled workers enjoyed a tasty meal on a bright, sunny day. We have cooked them at the kitchen of Café Crave,” he said. In a similar initiative, freshly prepared food comprising puri, aloo and halwa, among other menus, was distributed to 2,000 people by a team

The club has adopted two anganwadi (childcare centre) schools in Sonipat and is donating the requirements of their children including study materials and the daily needs of the centre in-charge.

of 12 Rotarians led by project chair Shashipal Arora. Home-cooked food was distributed to 450 labourers at a construction site by 10 Rotarians in a project led by Rtns Vinod Chawla and Ann Preeti.

The club has adopted two anganwadi (childcare centre) schools in Sonipat and is donating the requirements of their children including study materials and the daily needs of the centre in-charge. Anganwadi city head Raj Dahiya was present when stationery and school bags were distributed. “We also distributed sitting mats and snacks to children who were happy to receive them,” said Nagpal. The anganwadi school at Fazilpur village was renovated with the restoration of the submersible pump connection, repair of inverter, electrical points, laying of 30 feet water hosepipe, a new electrical cable, and donation of chairs, LED bulbs, tubes and ceiling fans.

Thanks to the overwhelming response of members, leather shoes were distributed to 250 students at the JD Memorial Senior Secondary School. “We will do more meaningful projects at this school in the coming



months and go extra miles to extend all possible help to poor students,” he said. At a mega medical camp in Niyamat Rai Kedar Nath Society, a range of tests including BP, ECG, blood sugar, haemoglobin et al were conducted on 550 patients who had registered for the camp. The doctors from the BLK-Max Super Speciality Hospital, New Delhi, screened the patients for chronic and other illness. “A wide pre-camp publicity got us a large turnout of patients who were given free consultations and medicines by specialists from the Delhi hospital,” he said. In another health camp, around 120 parents and students from Classes 6–8 at the Ontogeny School of Excellence

Right: Club president Nagpal and Shalini at the medicinal park at the Ontogeny School of Excellence, Sonipat.

Below: RC Sonapat Ardent president Ashu Nagpal and Shalini with students during the environment awareness expo at the JD Memorial School.



were examined by three doctors from different specialties for chronic illness. Dr Nidhi Nayar, oncologist from BLK-Max Hospital, gave a talk on cancer awareness and did 25 Pap smear tests free for patients.

At the oral hygiene camp, 250 students at Vijay High School were screened by Rtn Shruti Bhardwaj, a dentist. She also gave tips for keeping the teeth strong and healthy. DGN Prashant Raj was the chief guest at the 100th club meeting in which 30 dual benches were donated to the Government Middle School, Kalupur. Sonipat MLA Surender Panwar said, “Rotary is reaching out to places and people with some great projects where government is not active.”

Ayurvedic park

An Ayurvedic herbal park was set up in partnership with the Interact Club of Ontogeny School of Excellence on the school premises. The objective

in creating the medicinal park is to “encourage students to adopt Ayurvedic principles in their daily life and reap the benefits of its medicinal herbs which are effective substitutes for allopathic medicines.” Rtn Shalini Nagpal, an environmentalist, gave a demonstration on how to grow, protect and make use of herbal plants for healthy living.

A steel cupboard was donated to the Government Middle School, Bhurri, and all its 100 students were given notebooks and stationery. School principal Sat Prakash thanked the club for the donations which would enhance the classroom experience of children.

It was a fun outing and an exciting day for 25 children from Neki ki Raah, a special home at an NGO working for the underprivileged and deprived students, who were accompanied by around 90 Rotarians to the Snow Park at the Mojoland, an



amusement centre in Murthal village near Sonipat. “The children had a ride of a lifetime at the Snow Park as they were ecstatic at a new ambience filled with snow. We distributed gifts, sweets and snacks after the visit to the amusement park and their energy levels reached a new high on the occasion,” said Ashu Nagpal.

In another gesture to the disadvantaged children, gloves, woollen socks and sweets were distributed to 80 students at Droan Vidya Peeth, an afternoon school being run by the faculty at the Neki Ki Raah. Nagpal assured the school that the club would donate utility items and other essentials for the children. Rtn Ashok Chugh and Ann Lalita made the arrangements for the distribution event.

Free cataract surgeries were done on five patients after Dr Lakshey Dudeja and Dr Ishani examining them at an eye centre. “We also arranged

a free day care with medicines to the patients,” said Nagpal.

Winter blankets

During winter, blankets, woollen socks and sweets were distributed to over 100 families staying at a construction site near White Lily, a neighbourhood. “There cannot be a better gift than blankets in winter and 15 Rotarians took part in the distribution,” he said.

As part of new year celebrations, sweaters, woollen caps and fruits were given to children at the anganwadi school, Fazilpur. Nagpal assured the school in-charge that the club would provide regular support in the form of daily essentials and requirements for taking care of the children. A skill development centre inaugurated by DG Lalit Khanna would train 240 youth in solar panel and inverter battery installations. The candidates were mobilised from nearby villages





Above: Rotarians with children at the Snow Park, Mojoland in Murthal village near Sonipat.

Left: Food being distributed to labourers at a construction site.

and would be given training for three months.

Healthy environment

A poster-making competition was held at the J D Memorial School in which 130 students displayed creative messages on the need to protect our forests and animals through their art work. "All the posters made by students from Classes 4–12 were thought-provoking and delivered profound messages. Twelve prizes were given to the winners selected by three judges," he said. In her speech,

Rtn Shalini urged students to grow herbal plants at home and care for the environment around them to make the earth a better place.

An exhibition was conducted at the school to create awareness on environment issues among the public. "The exposition pointed to the alarming situation with rising pollution affecting our health. Students used banners, placards and models to deliver the messages," said Nagpal.

Factory visits

The club arranged two factory visits for its members to widen their knowledge. Over 30 members visited LT Foods, a rice mill with a global presence, and a presentation was made about rice processing and how this food product is being used in different parts of the world. Rtn Nishit Aich and Ann Nanda made the arrangements for the visit.

In another excursion, 42 members visited Yakult factory, the makers of energy drink. Before the visit, an orientation session was held about the company and its product. The company directors gave a warm reception to the Rotarians led by Rtn Deepak Hooda and Anna Anuradha on the factory premises.

Holi celebration

Club members celebrated Holi with 125 children at the Red Cross Hindu Institute, a rehabilitation school for the differently-abled. "Children recited poems, rendered songs and performed dance, followed by the spraying of organic colours. We gave them sweets," said Nagpal. Principal Malti Sharma thanked Rotary for reaching out to the special children who had to be brought to the mainstream through such 'meaningful engagement'. ■

Enhancing students' vision in Alleppey

Team Rotary News



Club members with student beneficiaries who received a pair of new spectacles each.

Rotary Club of Alleppey Greater, RID 3211, conducted a vision test for 4,000 students across six schools in Alleppey district, Kerala, between October and December 2022.

Following the comprehensive tests, the club distributed spectacles to students in need, as

prescribed by ophthalmologists. At an event at St Antony's Higher Secondary School in Alleppey, 60 students were presented with new spectacles. The event was chaired by club president Vijayakumar and attended by AG KG Gireesan and club members.

In another gesture, the club on World Health Day extended

its support to a local healthcare facility. The club donated a Dress Bank, with essential clothing, to the Government Women and Children's Hospital in Alleppey. The event was inaugurated by the hospital superintendent Dr Deepthi who received the bundles of clothing. ■



Rotarians with the staff of the Government Women and Children's Hospital, Alleppey.

Smart TV donated to government school, Ratlam

Team Rotary News



DG Jinendra Jain presents a smart TV to principal Gopal Verma (left) of the Government High School, Etawah. Also seen are RC Ratlam Platinum president Vandana Soni (right) and secretary Dr Geeta Dubey (3rd from L).

District Governor Jinendra Jain donated a smart TV to the Government High School, Etawah, during his visit to RC Ratlam Platinum, an all-women's club in RID 3040,

with principal Gopal Verma receiving the gadget which will facilitate e-learning among students.

Following this, an MoU was signed with R K Katare,

principal, Government Girls' Post Graduate College, Ratlam, for joint initiatives.

Distinguished Service Awards were presented to Neeta Kumaun, a loco pilot; Varsha Pawar, a thalassaemia patient working for children suffering from the disease; Govind Kakani, social worker; and Dr Vishal Gangwani. The last two were honoured for helping the club execute a number of service projects throughout the year.

Club president Vandana Soni presented a report about the upcoming projects and said that the club would continue to organise seminars on menstrual hygiene and health for women, prevention of stress among youth, and against the misuse of mobile phones among children. ■

Heart surgery for Sri Lankan children in Kochi

A new campaign poster on paediatric heart surgery project which RC Cochin Technopolis, RID 3201, has been implementing was unveiled by DG Rajmohan Nair.

Already, in the first phase 120 free surgeries were done on children at the Amrita Hospitals, Kochi. "We have started the second phase in which another 120 surgeries will be done at the hospital. The children are from underprivileged families from various parts of the country," said club president Liyakath Ali. ■

DG Rajmohan Nair (4th from L) and RC Cochin Technopolis president Liyakath Ali (3rd from R) along with club members at the launch of the poster on paediatric heart surgery at the Amrita Hospitals, Kochi.



D 2981

RC Nagapattinam

To mark International Day of Forests, the club members joined hands with Interactors at the Government ITI, Nagapattinam, to plant 100 saplings on its premises. ITI principal Jayamoorthi, project coordinator V Govindarajulu and club president P Karthikeyan were present at the greening mission.



D 3000

RC Madurai Metro Heritage

Taekwondo classes were held for girl students at the CSR Memorial HS School and Sitalakshmi Girls HS School, both in Madurai. The martial art sessions were handled by Rtn Krupa, Ann Poornima Venkatesh and Taekwondo master Narayanan. RC Guadalajara International, Mexico, was the project partner.



D 3000

RC Thuraiyur Golden City

A smart TV (₹55,000) was donated to SPG Middle School, Thuraiyur, to enable students to understand their subjects in an easy manner through the digital mode. To shore up Rotary's public image, the club in partnership with RC Thuraiyur Perumalmalai and Trichy Sun Advertising organised a 21-day home exhibition for residents.





D 3011

RC New Delhi

A high-level digital training was given at the Rotary Skill Building Centre, a joint initiative with the NIIT foundation and funded by a global grant, for a three-year programme. Out of over 5,000 candidates who were trained, 3,050 have got corporate jobs under this *Project Aajeevika*.



D 3012

RC Ghaziabad North

Under *Project Uphaar Mela*, used clothes and household items were distributed to 500 beneficiaries at the Priyadarshi Hospital. Earlier, in association with Pehel Ek Prayas, an NGO, the club members collected used clothes and utility items from the residents. Over 260 people were examined at a general health camp held at the Dayal Public School. Clinical tests for blood sugar, BP, vision problems and small dental procedures were also carried out.



D 3012

RC Kundli

DGE Priyatosh Gupta was the chief guest at a mega medical camp in which 250 people were checked for BP, blood sugar, while eye testing and ECG screening were done for 30 patients. Women below 50 were referred to a gynaecologist. Local MLA Manohar Lal Bhadoli was present. Past president Virender Sehgal and project chair KS Sharma made the arrangements.

D 3054

RC Kankaria (Ahmedabad)

Over 300 units of blood was collected at a blood donation camp held at the Kankaria Carnival, an annual week-long event of the Ahmedabad Municipal Corporation. The blood collected was given to Red Cross Society, Gujarat Cancer Research Centre and Sardar Vallabhbhai Patel Hospital. Chaired by Vipul Shukla, the event had a number of posters and banners detailing the projects done by the club to inform the public.



D 3060

RC Amreli Gir

Bal Vatsalya Kendra, a training and educational centre for rural, slum children, was set up with a caretaker to guide them on good habits. Funded by SBI-RSETI, Rtms Suresh Trivedi and Dhaval Thakar look after the centre and teach the children basic knowledge and hygiene practices. At present, there are over 100 children who are given healthy morning meals.



D 3070

RC Hoshiarpur Mid Town

More than 80 vehicles were examined in a pollution check-up camp. Some of the vehicles were given pollution under check (PUC) certificates. Under *Project Gift of Sight*, Bhajan Kaur, 69, from Amritsar had a corneal transplant and got back her vision. The club has done over 250 such transplants under this project.





D 3080

RC Ambala Diamond

Over 100 units of blood was collected at a blood donation camp. Club president Manoj Goyal said health camps will be conducted for underprivileged families, while secretary Deepak Goyal said programmes will be held for children at the SD Institute for the Blind. Project chair Abhinav Singla said the club will hold competitions for schoolchildren. Local MLA Aseem Goel was the chief guest.



D 3080

RC Kharar

Under *Project Umang*, stationery kits were distributed to 50 students at the Government Primary School, opposite Kharar police station. Club president Nitin Garg assured headmistress Kiran Bala that more donations and help will be provided to the children who hail from the underprivileged families.



D 3090

RC Hisar

Over 50 nutrition kits were given to TB patients at a Community Health Centre which will be continued for six months. The project cost ₹2.5 lakh. In a special camp, 20 artificial limbs, three tricycles and four wheelchairs were distributed to disabled at the Divyang Punarvas Kendra, Hisar. The Gavdia family sponsored the project in which doctors from Rohtak Medical College fitted the prosthetics to the beneficiaries.

D 3090

RC Patiala Mid Town

Rations and groceries were distributed to 60 families from rural areas of Patiala at a special camp at the city centre. The event was sponsored by Saronwala Trust headed by Rtn Naveen Saronwala. Veteran social activist Satinder Kaur Walia, office in-charge, The Hind Samachar group, welcomed the Rotarians and trust members.



D 3110

RC Kanpur Aryans

A tea distribution camp was held in January to help homeless and marginalised families hit by cold weather. Around 2,000 people had benefitted from piping hot tea served at the camp. Charter president Bhakti Vijay Shukla, club president Mayank Gahoi, secretary Arpit Gupta and other members distributed tea to street vendor and roadside dwellers. The tea camp was widely covered in the local dailies.



D 3120

RC Kushinagar

Around 20 saplings were planted with tree guards at the cremation ground on the banks of Hiranyavati river. The greening drive was taken with the support of the social forestry department. Club patron Rakesh Jaiswal and vice-president Vijay Kumar Gupta said people coming for the funeral will get cool shade in the near future. Regional forest officer Akhilesh Kumar Dubey was also present.





D 3120

RC Varanasi Central

Winter blankets were distributed to over 1,000 people at a special camp in Chandpur village. More than 50 Rotarians including members from other clubs took part in the blanket distribution drive. DGE Sunil Bansal assured all help to the villagers. Past president Ashok Gupta said a job-oriented training camp for hiring villagers at his glass beads factory will be conducted so that they can earn a good monthly income.



D 3131

RC Panvel

Over 2,000 stalls were put up at the 10-day Rotary Panvel Festival, a fundraiser with a tagline 'Have fun for charity' that attracted over two lakh people. Dance competition and other shows were held for schoolchildren. PDG Ashes Ganguly, RID 3142, inaugurated the Rotary fair, a huge PR initiative, in the presence of local MLA Prashant Thakur and corporator Paresch Thakur.



D 3131

RC Pune Kothrud

The 20th edition of musical fellowship was celebrated with the participation of 23 clubs and 45 Rotarians who performed as amateur singers. They were judged by an expert panel from Pune. Over 200 people including Rotarians enjoyed the musical show. The event is one of the sought-after competitions among district Rotarians.

RC Srirangam holds spoken English course

Team Rotary News

A two-week spoken English programme called *Summer Speak* was organised by RC Srirangam, RID 3000, with the support of Tamilnadu Computer Software College, Trichy, at the Kalaivani Matric School in Srirangam.

Tutor Vasanthakumar from the college conducted the programme at the school and N Kasthurirangan, secretary, Srirangam Education Society, was the special guest. The club's literacy chairman Madhavan, founder, Tamilnadu Computer Software College, made the arrangements for the classes. Completion certificates were given to participants at the end of the programme with



Students at the spoken English course.

C Selvaraj, former headmaster, Srirangam Girls' Higher Secondary School, taking part as a special guest. Club president R Sathyanarayanan gave the welcome speech at the

valedictory session, following which the tutor and the special guest were honoured. Students gave a demonstration of the skills they acquired during the programme. ■

Seven projects in a day at Kundli



DGN Prashant Raj Sharma (centre) and RC Kundli president Sachin Abrol (2nd from right) after donating a desktop computer at a government school in Badkhalsa village.

DGN Prashant Raj Sharma, RID 3012, inaugurated seven community projects of RC Kundli on a single day. "Keeping in view the Rotary's areas of focus, we aligned our projects to the needs of the local people, who are mostly industrial workers and small and

medium farmers," said club president Sachin Abrol.

Medicines and general tonics worth ₹70,000 were donated to a primary health centre at Badkhalsa, a village in the Rai tehsil of Sonipat district, Haryana. "We distributed school bags, water bottles and stationery to anganwadi children in this village," said Abrol. After the event at anganwadi, a desktop computer was donated to a government school to provide e-learning to students.

DGN Sharma inaugurated two toilet blocks at the Government Senior Secondary School at Rasoi village. "We also installed a handwash station and an inverter which will avoid frequent power cuts at the school," he said.

Charter president JK Seth and past president Rishipal Dahiya were felicitated for sponsoring the education of two girls for the full academic year at a local government school. ■

Caring for the elderly



Members of RC Vizag Elite serve food to an elderly at the old age home.

RC Vizag Elite, RID 3020, has been regularly providing nutritious lunch to the inmates of an old age home in the city. Club members take turns to contribute for the service every month.

In another initiative, the club installed two water purifiers at the BVK College in the city. The facilities were sponsored by club member Uday Bhanu Reddy. ■

Cataract surgery camp in Honavar

Around 50 people benefitted from a cataract surgery camp organised by RC Honavar, RID 3170, at the St Ignatius Hospital in the city. The surgeries were done by Dr Narendra Shenoy, a renowned ophthalmologist from Udupi.

The club also conducted its 32nd RYLA for school-children. The eight-day programme groomed the children with various skills and helped them make lasting friendship. ■



D 3142

RC Dombivli Diamonds

During his visit to Malaysia, club president Sanjay Kagade exchanged flags with RC Metro Kuala Lumpur, RID 3300, president Eric See, past presidents Bharat Gorasia and Jeyaraj Fadhlil at a networking meet. In a similar event, Kagade exchanged club flags with RC Bukit Angkasa, Kuala Lumpur, president Simon Ong Chong Yee and past president Cordelia Tan. He also met RC Bukit Bintang, KL, president Cheng Mei Lan and exchanged club flags with him.



D 3160

RC Gulbarga

Rtn Arun Patil, a social activist, gave a speech on the 'Role of social organisations in strengthening democracy' at the weekly club meeting. In another lecture event, Dr Umerjikar, an orthopaedic surgeon, gave a talk on 'Pain in knee joint and its management'. He was felicitated by the club.



D 3170

RC Ichalkaranji Heritage

DGND Arun Bhandare (2025–26) was the chief guest at the installation of 15 concrete benches at the Hatkangale Railway station. Club president Rohit Shah, secretary Manoj Zanvar and all the members took part in the event. The project cost ₹45,000 was funded by the club. Also, RC Hatkangale Central president Mayur Koli was also present.





D 3170

RC Karwar

Vocational computer classes are being held to provide regular income to underprivileged youth. The courses have a three-month duration. Club members visited a gurukul and interacted with the students who are learning Vedic studies. Club president Raghavendra Prabhu motivated the students.



D 3181

RC Mangalore Central

Rtns Ananthan and Vikram Dutta from RC Deralakatte won the Rotary Quiz Trophy, while Rtns Ranjan Rao and Sumit Rao from RC Mangalore City were the runners-up. The 17th edition of the annual district-level Inter Club Rotary Quiz was based solely on Rotary-related matters and issues. PDG Ranganath Bhat gave away the trophy, certificates and cash prizes to the winners. Fourteen club teams took part.



D 3201

RC Cochin Beachside

The Governor's Excellence Award for Teachers, GREAT in short, was presented to Sherly John of RPMHS School, Kumbalam. Rtn Noby from the club identified the awardee by following the guidelines and evaluation criteria set out by the district committee. The club is holding a number of programmes at the school benefitting the students.

D 3203

RC Tirupur Vision

In a joint initiative with RCs Dau and San Juan West, Philippines, the club donated clothes, hygiene items and medicines to two orphanages and two old age homes at a total cost of ₹5 lakh. The donations benefitted over 750 children, youth and elderly. DGN Ariel Da Jersey and IPDG Augusto Soliman were present as chief guests.



D 3211

RC Alleppey East

A Paul Harris bust was installed at the club hall by PDG Bhag Singh Pannu, RID 3090, in the presence of DG K Babumon and club president Gopal Gireesan. The club issued 350 movie tickets for disabled and senior citizens to watch a Malayalam film at the Pan Cinemas. Two wheelchairs, three fans and an office table were donated to a primary health centre, Chempupuram, at Kuttanad taluk.



D 3211

RC Alleppey Greater

To mark Martyr's Day (Jan 30), 80 contingency staff of Alleppey Municipality were felicitated. In his speech, club president Vijayakumar recalled the words of Mahatma Gandhi that "sanitation is more important than Independence, and a broom has equal value to that of pen or pencil." Local MLA H Salam and Rtn Prashant Sheode from RC Pune were guests of honour. AG KG Gireesan was also present.





D 3240

RC Dharmanagar

The 139 BoP (border observation post) organised a meeting with different clubs and NGOs on the eve of BSF Raising Day in December. The club felicitated the commandant of BSF 139 coy and two other officers. They assured that BSF will hold joint programmes with the club for community development.



D 3261

RC Raigad Royal

Holi was celebrated with members greeting each other. Club president Vijay Agarwal, project chair Manish Agarwal, secretary Manoj Agarwal and other members supported to make the celebrations an enjoyable occasion. Around 40 Rotarians and their families took part in the 'Rang Barse' event.



D 3291

RC Belur

Footwear and shoes were distributed to students from Classes 1–3 at the Aror Nityananda Primary School, Kolaghat, in the presence of over 20 Rotarians, their spouses, teachers and headmaster. Students were given a demonstration on how to wash and keep their hands clean to maintain hygiene as part of *Swachh Bharat Abhiyan*.

Compiled by V Muthukumaran

Panvel club organises seminars and outreach projects

Team Rotary News

RC Panvel Elite, RID 3131, in association with the Adolescent Health Academy, Raigad, conducted an informative seminar at CKT School in New Panvel on the occasion of International Adolescent Health Week. The seminar aimed to educate Class 10 students and parents on various important topics related to adolescent health. The event covered subjects such as social media, POCSO, legal rights for adolescents, human values, peer bonding, anger management, diseases caused by junk

food, and more. The seminar provided valuable insight to the attendees.

Recently the club organised an expert talk on child protection, by Santosh Shinde, a renowned child protection consultant, who shed light on various issues related to child safety and domestic violence.

In its efforts to promote maternal health, the club took the initiative to educate women about the importance of taking iron and folic acid tablets during pregnancy, as well as the significance of maintaining a balanced diet. The session

emphasised the role of proper nutrition in ensuring a healthy pregnancy. The club actively conducts clothes donation drives and the collected clothes are distributed to the underprivileged community.

Collaborating with RC Pen Orion, a two-day RYLA was conducted at Asha Kiran English Medium School in Pen, Raigad. The programme covered a wide range of topics, including personal development, child rights, public speaking, career counselling, good nutrition, self-defence workshops, and various



Club members with children from the slums, displaying their wealth out of waste creation.

Facing page: Club president Swati Likhite distributing sanitary napkins to women from the slums.

मनचा शांतता म्हणजे सुखी जीवन होय.

भव्यविचारसुगंधासार





An MHM awareness session in progress.

Right: A typhoid vaccination camp at the ZP School, Hetavane.

sports activities. The participating children were provided with meals throughout the event, and they received trophies, medals, and certificates on the second day to acknowledge their achievements.

In a separate effort, club members organised a project for underprivileged children in Panvel's slum areas, teaching them creative uses for waste materials. The children learned to make useful items and were then provided with a nutritious lunch.

On the occasion of World Health Day, the club organised an investigation camp at Likhite Hospital in Panvel. The camp

offered essential health services such as complete blood count (CBC), diabetes screening and electrocardiogram (ECG) tests to the general public.

Additionally, members distributed snacks to school children after administering typhoid vaccinations at the ZP School, Hetavane. A counselling session to spread awareness about the importance of hygiene and disease prevention was also undertaken by the club president Swati Likhite. An awareness talk on the plastic ban, highlighting the need to reduce plastic usage and shift to more sustainable alternatives like cloth bags was also conducted.





The club donated footwear, sports items, and sanitary pads to school children, tribal villagers and girls at the ZP School Hetavane.

In a bid to raise funds for their various community projects the club organised a fundraising event called *Hasya Kavi Sammelan*. The event featured acclaimed poets from Rajasthan, Gujarat, Madhya Pradesh and Uttar Pradesh. The funds collected from the programme was used to support initiatives such as providing solar lights, pumps, water purifiers, and smokeless cooking devices to rural areas. The funds will also contribute to building toilet blocks, installing water pipe connections, and donating e-learning kits, benches, and library resources to schools. ■

RC Ghaziabad North implements welfare projects

Team Rotary News



Club donated a new tool kit at the cost of ₹10,000 to a woman mechanic.

In a heartwarming display of empathy and support, RC Ghaziabad North, RID 3012, has recently donated medical equipment to the C4U Cancer Centre in Vaishali, Ghaziabad. “This would increase the accessibility of cancer care for the urban poor and marginalised sections of society. The partner hospital is committed to providing quality treatment at a fraction of the cost charged by private hospitals, our donated equipment will help many underprivileged patients,” says club president Sumesh Garg.



The generous donation comprises five sets of multipara monitors and infusion pumps at a total cost of ₹6.5 lakh. This critical equipment will enhance the centre's capacity to diagnose and monitor patients, ensuring they receive timely and accurate care. Through this partnership, the club is "striving to bridge the gap between healthcare and affordability, allowing cancer prevention and treatment to become accessible to those who need it most," adds Garg.

Recently, the club organised a workshop titled 'Emotional Mastery' at the Government Girls Inter College in Vijay Nagar,

Below: Rotary Cancer Foundation secretary Ajay Narayan lighting a lamp at a ceremony before handing over the medical equipment to C4U Cancer Centre as treasurer Rajeev Goel (left) looks on.



A patient receives treatment with the help of the newly provided equipment.



Ghaziabad. Over 450 enthusiastic girl students participated in the workshop led by Ann Nameeta Jindal. Known for her expertise as a life coach and motivational trainer, Nameeta guided the students on a transformative journey.

During the workshop, the young participants delved into the depths of their emotions, learning to identify the root causes of negativity. They were equipped with valuable tools and techniques to conquer and eliminate fear, laziness, and shyness, empowering them to embrace focus and confidence. The workshop not only provided the girls with vital emotional resilience but also

ignited a spark of self-belief that will undoubtedly guide them toward success and fulfillment in their lives.

Moved by an alarming incident reported in a local newspaper, "where miscreants set fire to the roadside shop of a woman motor mechanic our club stepped in to support her. Upon further investigation, we came to know that the woman not only had to support her family but also care for her paralysed husband," says Garg. To help her rebuild her life and regain her independence, the club provided her with a new tool kit at a cost of ₹10,000, enabling her to restart her business. ■

Wheelchairs donated to Birdh Ashram, Patiala

Team Rotary News



RC Patiala Mid Town president Bhagwan Dass Gupta (6th from left) and members along with beneficiaries at the wheelchair distribution event.

To mark World Health Day (April 7) and reach out to the disabled, RC Patiala Mid Town, RID 3090, distributed 12 wheelchairs, besides helping sticks, sponsored by Helping Hands India, to the inmates at the Birdh Ashram, an old age home and wellness centre at Raungla village.

Punjab Police Service former SP Rakesh Sharm was the chief guest at the distribution event, while former

police inspector Bikramjit Sohi and social activist Ekamjit Kaur were the guest of honours. Club president Bhagwan Dass Gupta, secretary Ramesh Singla and project chairman NK Jain distributed lunch packets and sweets to the inmates of the old age home. Karaoke songs were sung to entertain the inmates and the Rotarians. Reflectors and stickers were pasted on trolley vehicles at the New Grain Market, Patiala, to

prevent accidents during night and spread the message of safe driving. DGND Bhupesh Mehta, Market Committee secretary Parampal Khaira and assistant sub-inspector Jatinder Garg were present during the drive to past reflectors on vehicles led by project chairman Rakesh Singla.

Green fodder and medicines sponsored by project chairman Ashish Aggarwal were donated to the Hari Gopal Gaushala at Bakshiwala village. The gaushala management honoured club president Gupta, secretary Singla and Aggarwal.

Baisakhi festival

The club members celebrated Baisakhi with the underprivileged children at Masti ki Pathshala. Bhasha Vibhag Punjab director Virpal Kaur was the chief guest. Rotarians distributed school bags to the children who presented a cultural programme. Gifts and prizes were given to the children. ■



Club president Bhagwan Dass Gupta handing over school bags to Rajpal Mast, chief functionary, Masti ki Pathshala, Patiala.

Restoring eyesight

Team Rotary News

Cataract surgery was performed on around 300 less privileged senior citizens with the support of RC Jayankondam, RID 3000.

The club organised a cataract screening and surgery camp in Thattannur in Ariyalur district for nine days in March. Over 1,500 people were screened for various eye ailments and 300 people who



suffered from cataract were treated immediately on mobile operation theatres at the camp venue.

RSR Charitable Foundation, USA and Sankara Nethralaya Eye Hospital, Chennai, partnered with

the club for the project.

DGND J Karthik and PDG S Rajendran presided over the camp. Past presidents M Vijayakumar and Senthilvel were the project coordinators. ■

A mental health workshop for police personnel

Rotary Bangalore High-grounds and Rotary Bangalore Downtown, RID 3190, in collaboration with Manasa Neuro Psychiatrist Hospital, organised a mental health awareness and stress management workshop for 200 Karnataka State Reserve Police officers recently at the KSRP, 4th Battalion, Koramangala. This is probably a first of its kind initiative in our district, says Tejaswini Jaisimha, president RC Bangalore Downtown.

Dr HS Aditya, medical director, Manasa Hospital, emphasised on causative factors, consequences and stress triggers for police on job and also how to address stress at various levels. Relaxation, JPMR breathing techniques, importance of a healthy lifestyle practices and emergency measures were discussed at length and highlighted.



Dr H S Aditya, medical director, Manasa Hospital, interacting with the police personnel.

DIGP Ramakrishna Prasad, inaugurating the workshop, complimented and thanked Rotary for organising the timely session

on crucial mental health which will help reduce stress among the police personnel and enhance their performance. ■

RC Sonapat Midtown honours Rotary founder

Team Rotary News

Celebrating Rotary's heritage and commitment to service, RC Sonapat Midtown, RID 3012, marked the birthday of Paul Harris, the founder of Rotary International with a special event. Club members assembled at the Rotary Community Centre, where they paid tribute to Paul Harris by adorning his statue with garlands. Following the homage, the club members enjoyed a fellowship evening.

Demonstrating its commitment to serving those in need, the club launched *Project Summer*,



Club members pay tribute to Paul Harris by adorning his statue with garlands.

The impact of Project Summer extends far beyond physical comfort and educational resources. It signifies our unwavering support and belief in the potential of every child, regardless of their circumstances.

Naveen Relan
club president

an initiative aimed to help the Deaf and Dumb School, Sonipat. As temperatures soared, the club stepped forward to provide a comfortable learning environment for young learners through donation of four coolers and eight fans to the school.

In addition, a Dish TV also donated by the club "brought a spark of excitement among the students as it offered them opportunities for educational and recreational programmes. The impact of *Project Summer* extends far beyond the physical comfort and educational resources. It signifies our support and belief in the potential of every child, regardless of their circumstances," says club president Naveen Relan. The club also distributed 100 notebooks and stationery kits to the students.

During the month of Ramzan, the club also distributed fruits to Muslims from low economic background for Iftar. ■



Rotarians with students who received new notebooks and stationery kits.

Zonal workshop empowers RCCs in Kolkata

Team Rotary News



An interactive session at the workshop.

The Rotary Community Corps (RCC) District Committee of RID 3291 organised a zonal workshop for RCCs in South 24 Parganas, West Bengal. Sponsored by RC Calcutta South Suburban and supported by the RCC District Committee and RCC Kankura Moshat Welfare Society, the

workshop was held at Tiya School in Kankura Moshat district.

Attended by 71 representatives from 34 RCCs, the workshop commenced with a ceremonial lighting of lamps by guests, including DGND Dr Ramendu Hom Chaudhury, club president Sharmistha Chakraborty, RCC district chair Jyotish Roy, advisor

P B Mitra and coordinator Tapas Bhattacharya. Topics discussed at the workshop included hygiene and sanitation, literacy, and employment generation.

The hygiene and sanitation session, led by DGND, provided insight and guidelines for rural areas, sparking interactive discussions among participants. Past president Tapas Bhattacharya gave a presentation on the adult literacy project of Rotary India Literacy Mission (RILM), emphasising the 'Each One Teach One' theme and the role of RCCs in establishing adult literacy centres. He also highlighted the available scholarships through BYJU'S.

Chandan Kumar Naha, district secretary of RID 3291, shared the pivotal role of RCCs in the inaugural session. The workshop's final session focused on employment generation, with Mitra providing information on government sectors, skill development and entrepreneurship.

In the concluding session, the president of RCC Kankura Moshat summarised the project and expressed gratitude to the District Committee for the opportunity to organise the workshop. RCC Kankura Moshat members felicitated all the Rotarians, and the workshop ended with a vote of thanks from RCC zonal coordinator Sushanta Hanpal. ■



RCC members at the workshop.

RC Visakhapatnam inaugurates multiple projects

Team Rotary News



When DG Bhaskar Ram made an official visit, RC Visakhapatnam, RID 3020, made sure to give their guest “a glimpse into the club’s commitment to service and uplifting the underprivileged in our region. We began with the inauguration of a series of impactful project,” says club president B Madhu.

An advanced ECG machine was unveiled at the BNR People's Diagnostic Centre, Visakhapatnam. This cutting-edge equipment, says Madhu, “will enhance diagnostic capabilities, improving healthcare for many patients in need.” Additionally, the occasion became a celebration of achievement, as certificates were distributed to economically disadvantaged women who had successfully completed training at the Rotary Tailoring Centre, as well as to economically backward students who excelled at the Rotary Computer Training Centre.



DG Bhaskar Ram with club members at the Tourist Centre on Ramakrishna Beach, Visakhapatnam.

The club inaugurated a drinking water plant at Government Junior and Degree College on Old Jail Road. With around 800 female students enrolled, this initiative will address the critical need for safe and accessible drinking.

At the Tourist Centre on Ramakrishna Beach, the club provided the Coast Guards with

essential first aid kits, stretchers and safety equipment. “These provisions will enhance the Coast Guards’ ability to carry out their rescue missions and ensure the safety of both walkers and visitors in the area,” says the club president.

An economically backward woman received an advanced

Left: A patient being examined at an eye camp.



Club members with 93-year-old scholar Chilukuri Santhamma.



Club president B Madhu gives a blanket to a tribal woman.

tailoring machine to enable her to earn a steady income. While a deserving student lacking access to essential educational resources was presented with a new laptop.

In collaboration with Sankar Foundation and DYFI, the club organised a mega eye camp for the underprivileged. Over 100 patients had their eyes screened, and 25 individuals underwent free IOL surgeries.

Extending their reach beyond the city, the club members visited a tribal village in the Araku Valley in Andhra Pradesh, distributing blankets to the villagers and essential supplies to a local school.

The club also honoured 93-year-old scholar Chilukuri Santhamma, who teaches Physics at Centurion College in Vizianagaram, Andhra Pradesh. ■